

### ABSTRACT OF THE DISCLOSURE

A cycling glove having a hand portion and a sleeve portion that incorporates an integrated latching mechanism situated just above the wrist and underneath the forearm. This latching mechanism has a housing fitted with a pivoting clamp element which, when the rider leans forward to bring the latching mechanism into engagement with the bar, partially encircles the handlebar and rotates with spring loading to provide, in combination with the housing, a clamping connection with the handlebar. To "click off" the handlebar, the rider simply withdraws one arm at a time, releasing the pressure on the clamping element which allows it to return to its at-rest position. The mounting surface of the handlebar is preferably provided with a thin handlebar sleeve for protection from abrasion arising as a result of repeated engagement and disengagement of the latching mechanism.